



Funded by
the European Union



Erasmus+ 2024-3-TR01-KA154-YOU-000279592

Resilient Cities and Sustainable Future: Youngsters Discuss Future of the Cities

Location: Sakarya, Türkiye

Date and Venue: 5-14 September 2025



SAKARYA VALİLİĞİ
AVRUPA BİRLİĞİ VE
DIŞ İLİŞKİLER BÜROSU

eurodesk
Türkiye

Erasmus+
Enriching lives, opening minds.



**EUROPEAN
SOLIDARITY
CORPS**

Project Overview

The project is a collaborative initiative aimed at empowering young people to actively engage in discussions and actions related to urban sustainability. By fostering dialogue between youth and decision-makers, we strive to create lasting impacts in communities while promoting awareness of sustainable practices.



Project Goals

- Empower Youth: Equip young participants (ages 18-30) with the skills and knowledge necessary to become advocates for urban sustainability.
- Foster Collaboration: Create a platform for meaningful collaboration between young people and local decision-makers to influence urban development policies.
- Raise Awareness: Educate participants and communities about sustainable practices, emphasizing their importance for the future of urban environments.
- Create Lasting Impact: Establish a network of youth advocates dedicated to promoting sustainability initiatives within their communities.





Country of Origin	Total No. of persons	Facilitators	Fewer Opportunities	Decision Maker	Grant per person (EUR)
Türkiye	9	2	2	2	Green Travel 56,00 €
Azerbaijan	6	-	2	1	309,00 €
Italy	6	-	2	1	309,00 €
Greece	6	-	2	1	Green Travel 417,00 €
Malta	6	-	2	1	309,00 €
N. Macedonia	6	-	2	1	Green Travel 417,00 €
Romania	6	-	2	1	Green Travel 417,00 €

Project Activities

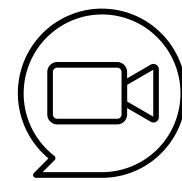
- Workshops and Training Sessions: Leadership, advocacy, and project management workshops designed to build confidence and skills.
- Field Visits: Hands-on experiences at local sustainable projects (e.g., urban gardens, renewable energy sites) to inspire action and practical knowledge.
- Peer Learning and Cultural Exchange: Structured activities to foster collaboration, knowledge sharing, and a sense of community among diverse participants.
- Panel Discussions: Engaging dialogues with local decision-makers to share insights and recommendations on urban sustainability.
- Community Engagement Events: Initiatives aimed at raising awareness and promoting active participation in sustainability efforts within local communities.
- Evaluation and Dissemination: Ongoing assessment of project impact and sharing results with stakeholders through reports, social media, and community events

Project Meeting

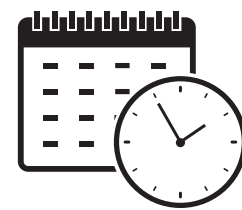


In our project, an online meeting will be held with all participants 1 week before the mobility date.

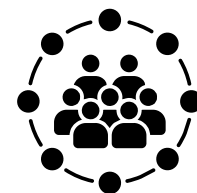
Attendance at the meeting is mandatory.



The meeting will be held with the zoom program.



Meeting date: August 28, 2025
Meeting time: 20:00 UTC +2(Brussel)



The meeting participation link will be shared with the participants by the project coordinator.

Transport



Istanbul Airport to Sakarya is 180 km

There are services coming directly to Sakarya. It takes approximately 2 hours. It is charged with 10€.



Sabiha Gökçen Airport to Sakarya is 110km

There are services coming directly to Sakarya. It takes approximately 1 hour and 20 minutes. It is charged with 5€.

We Recommend

Sabiha Gökçen Airport to Sakarya

You can buy your ticket on <https://havasak.com.tr/> web page. It will bring you from the airport to Sakarya Bus Station. Afterwards, you can reach the hotel using the free shuttle service.

Alternative

Istanbul Airport to Sakarya

You can buy your ticket on https://www.obilet.com/otobus-bileti/adapazari_sakarya-istanbul_havalimani web page. It will bring you from the airport to Sakarya Bus Station. Afterwards, you can reach the hotel using the free shuttle service.

GREEN TRANSPORT



Istanbul Esenler Bus Terminal to Sakarya is 160km

160 km. There are direct buses to Sakarya. It takes about 2 hour and 15 minutes. It costs 11€.



Istanbul Harem Bus Station to Sakarya is 140km.

140 km. There are direct buses to Sakarya. It takes about 1 hour and 30 minutes. It costs 8€.

Istanbul Harem Bus Station to Sakarya

You can buy your ticket from the website <https://vib.com.tr/>*

<https://www.sakaryasevturizm.com/>.*

It will take you from Harem bus terminal to Sakarya Bus Terminal. Then you can reach the hotel using the free shuttle service. Or you can come to the hotel by bus number 29.

Istanbul Esenler Bus Terminal to Sakarya

You can buy your ticket from the website <https://vib.com.tr/>.* It will bring you from Istanbul Esenler Bus Station to Sakarya Bus Station. Then you can reach the hotel by using Vib Turizm's free shuttle service. (Campus shuttle) Or you can come to the hotel by bus number 29.

***This tourism company is recommended because it provides direct and fast transportation.**



Location and Venue

The project will be held in Sakarya, Türkiye. The venue is a comfortable and welcoming space, providing an ideal environment for creative learning and collaboration.

The training space is equipped with materials for training course, allowing for dynamic learning experiences. The meals will be open buffet.

Participants will stay in shared accommodation (2-4 people per room) with access to communal areas for relaxation and socializing.

WHAT'S AVAILABLE

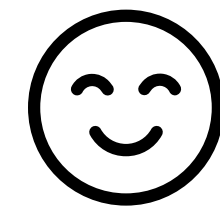
- Wi-fi Connection
- Bath Towels
- Hairdryer
- Washing Machine
- 24/7 coffee and tea machine...

What you Should Bring for Cultural Night

Materials for Cultural Night:

Small souvenirs, local food, clothing or presentation materials to promote your country and culture. You can bring food that can be stored in the fridge. Or you can buy the ingredients and show us your skills in the kitchen. The cost of this Shopping is in the presenting country group.

Positive mood



Culture Night



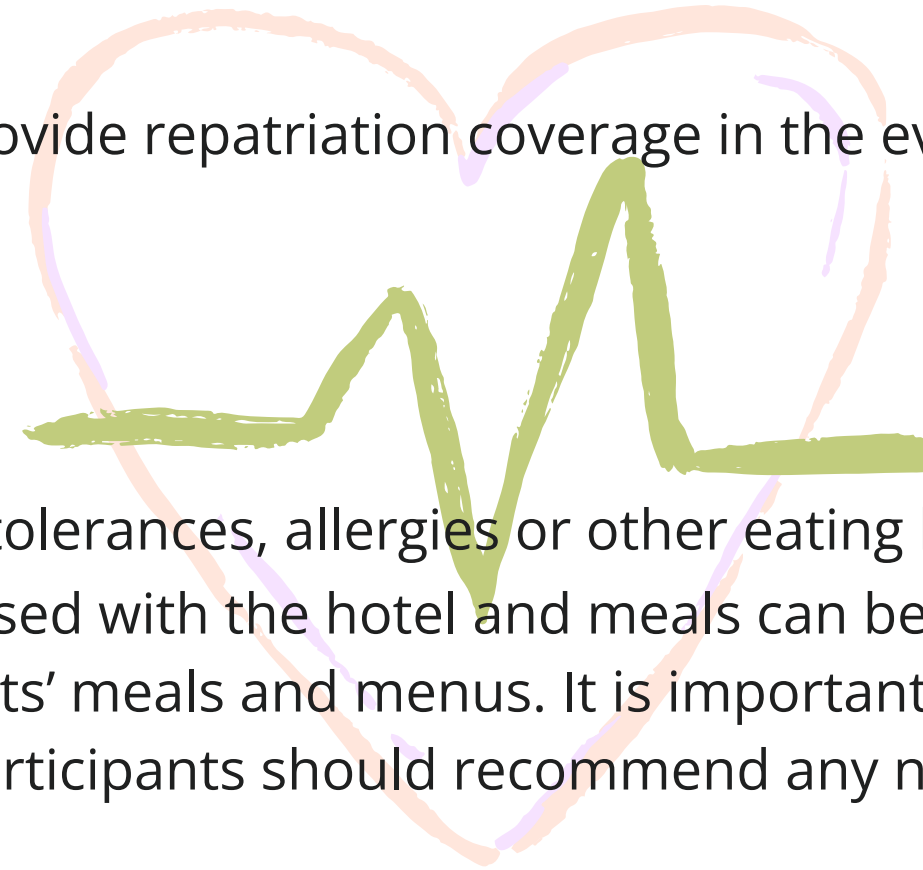
What do you need?

Health Insurance Certificate: A valid health insurance policy for the duration of the project.

HEALTH INSURANCE IS NOT PROVIDED AND THE PROJECT GRANT WILL NOT BE REFUNDABLE, ALL PARTICIPANTS MUST PURCHASE PRIVATE TRAVEL INSURANCE.

Health insurance must meet the following criteria:

- Comprehensive Coverage: The insurance must provide comprehensive coverage for medical emergencies, accidents and illnesses that may occur during the program.
- Repatriation Coverage: The insurance must provide repatriation coverage in the event that the participant needs to be repatriated to their home country for medical attention.
- Emergency assistance
- Pre-existing conditions



Participants with specific dietary requirements, intolerances, allergies or other eating habits must notify the host organization at least one week prior to arrival so that options can be discussed with the hotel and meals can be rearranged. Information received after this date cannot be taken into account regarding participants' meals and menus. It is important to state your dietary habits, allergies, intolerances and medical conditions in the application form. Participants should recommend any necessary medications they use or think they need to use daily during the project.

What to bring:

Comfortable Clothing: Suitable clothing for walking and outdoor activities.

Personal Hygiene Products: **Please bring personal care products, slippers and towels that you may need during your stay at the hotel.**

Digital Devices: Laptop, tablet or mobile phone for presentations and events.

Reimbursement

Within the scope of the project, accommodation, food and event costs will be covered by the Erasmus+ program. Transportation costs will be reimbursed within the project budget. For the reimbursement of transportation expenses, you must keep the original tickets and receipts.

Don't buy your tickets without confirmation from the project coordinator. (Tickets that are bought without confirmation will not be reimbursed.) Tickets purchased without the approval of the Project Coordinator will not be considered valid and participants will be excluded from the project. This is a very important rule.

Do not use a taxi or private car, it is not an eligible cost, in case there are other options. Never lose your boarding cards, e-tickets, invoices, and bus/train tickets, you will need your tickets for reimbursement. Travel plans that are not approved by us or purchased from a travel agency and online platform such as *skyscanner*, *esky*, *kiwi* or others will not be refunded. Please take only your travel tickets from the official website of the carrier.

All attendees should note that this is a European project funded by the European Commission and the cheapest and most environmentally friendly travel routes will be considered for the participants' journey. The purchase of additional services such as seat, meals on board, automatic check-in, excess baggage, late arrival at the gate and other services not included in the standard ticket price will not be reimbursed.

At least %80 attendance of activities is important to get reimbursement. All tickets MUST be presented in original. Photos of tickets or scanned copies will not be refunded.

Important Information and Rules

Participants should participate in the activities on time and actively. The photos and videos taken during the project will be used for Erasmus+ dissemination activities. If you have any objections about this, please contact the organizers.



Those who violate the established rules of the project, harass others, undermine the prestige of the organization or commit systematic violations of the established norms will be excluded from the project. The sending organisation will be informed of this by email with details of the case and the specific reasons for removal.

Dissemination

Dissemination is an important part of any Erasmus+ funded project. The European Commission invests in you as a community leader, a change maker, so each of us is responsible for giving back and sharing the positive experience among our network, so that at least one newcomer can discover Erasmus+ opportunities.

Each participant (country group) is responsible for:

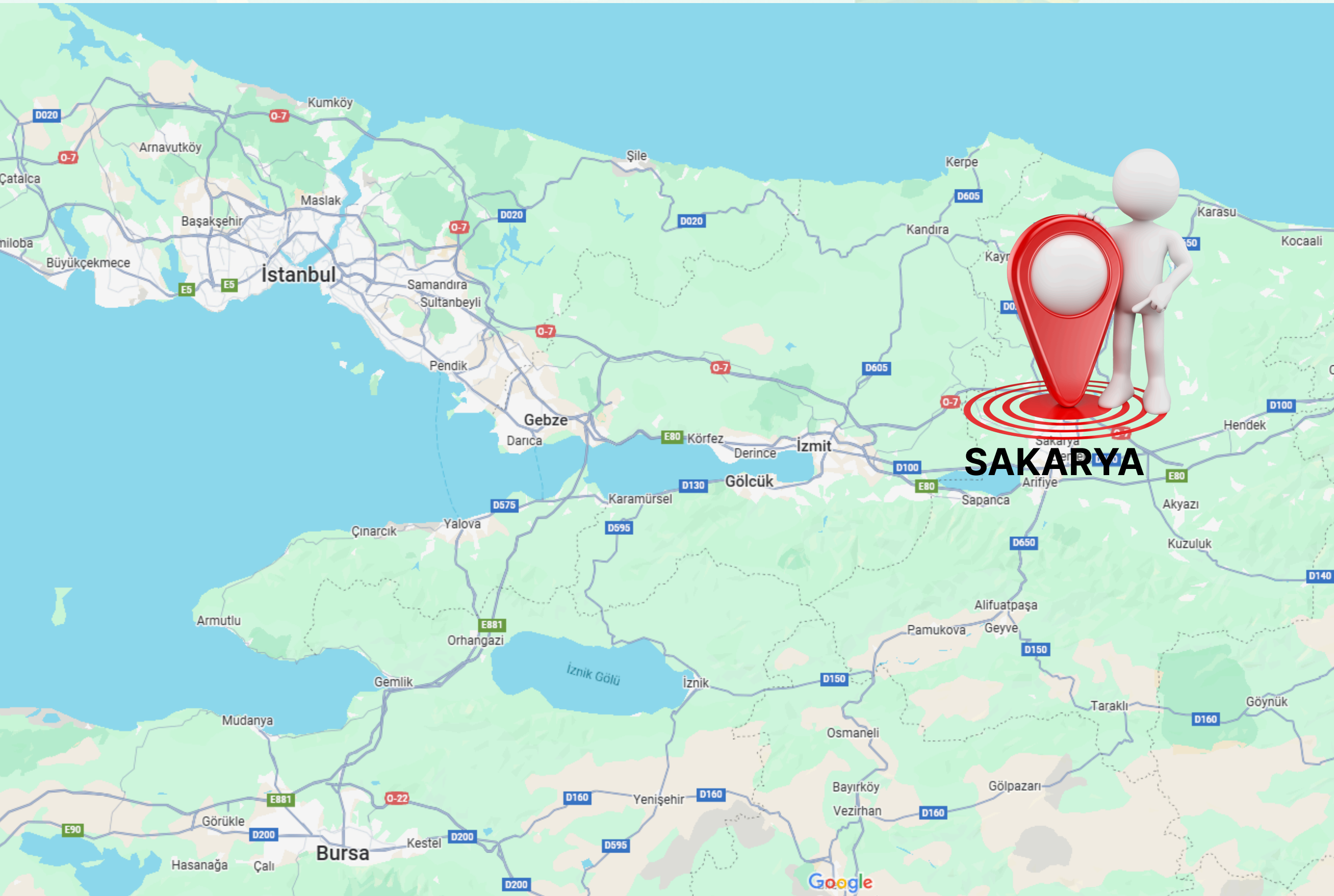
Article: Young people will prepare an article with photos that will be used by the news reporter to shape the general publication. Each partner organization will organize information meetings for youth workers in their country to introduce the training materials and guidelines developed in the project. At international events such as Erasmus Days, participants and local youth groups will come together to share project experiences and results, thus ensuring that project outputs reach a wider audience.

Website: Participants with graphic design skills will help us shape the appearance of the website.

Social networks: Daily reports, photo material, measurable achievements and uploading useful resources will be managed by the project participants, who will design and edit the news stories themselves.

Videos: Participants will upload videos, interviews and post daily vlogs of what happened during the implementation, taking turns. They will invite their friends and acquaintances to follow the channel to stay up to date. Through innovative tools such as digital storytelling, video interviews, podcast series, Instagram live streams and TikTok videos, the participants will make the project engaging for both young people and the wider society and ensure effective dissemination of the project message.

Workshop: After returning to their country, participants will attend at least one event. Delivery of the survey from the European Commission. After the project, participants will serve as “Environmental Ambassadors” in their local communities. This role will encourage participants to organize awareness-raising and awareness-raising activities in their communities by giving them the responsibility to transfer what they have learned and gained from the project to their environment. Participants will organize workshops and interactive presentations at local schools, youth centers and community gatherings on topics such as environmental sustainability and responsible use of AI. Host and partner organizations will assist and guide participants as needed.



Contact:
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We are looking forward to meeting you in Sakarya.
We wish you a safe and joyful journey!

